



Health and Wellbeing 10 Year Strategy (2022-2032) 2023/2024

No of Indicators = 34 | Direction of Travel (DoT) shows the trend of how an indicator is performing against its Polarity over time.

Produced by the Business Intelligence Hub April 2024

			Previous Years			Polarity	DOT	
		Collection Frequency	2020/2021	2021/2022	2022/2023			
Goal 01: Reduce the gap in healthy life expectancy	PHOF17	Slope index of inequality in life expectancy at birth - Female - (Three year period)	Annual	5.7	-	-	Up is Bad	◀▶ Neutral
		Benchmark - National Data	Annual	7.9	-	-		
		Regional Rank (Rank out of 15)	Annual	3	-	-		
	PHOF37	Slope index of inequality in life expectancy at birth - Male - (Three year period)	Annual	8.4	-	-	Up is Bad	◀▶ Neutral
		Benchmark - National Data	Annual	9.7	-	-		
		Regional Rank (Rank out of 15)	Annual	3	-	-		
	PHOF98	Difference in healthy life expectancy at birth between females and males (yrs)	Annual	-0.7	-	-	Neutral	◀▶ Neutral
		Benchmark - National Data	Annual	0.8	-	-		
		Benchmark - Regional Data	Annual	1	-	-		
Goal 02: Support good mental health	PHOF18	% of people with a self-reported high anxiety score	Annual	27.01%	25.26%	26.17%	Up is Bad	◀▶ Neutral
		Benchmark - National Data	Annual	24.13%	22.55%	23.32%		
		Benchmark - Regional Data	Annual	24.88%	22.30%	24.24%		
		Regional Rank (Rank out of 15)	Annual	11	14	11		
	PHOF19	% of people with a self-reported low happiness score	Annual	8.86%	10.80%	6.21%	Up is Bad	◀▶ Neutral
		Benchmark - National Data	Annual	9.21%	8.41%	8.85%		
		Benchmark - Regional Data	Annual	10.33%	7.88%	9.57%		
		Regional Rank (Rank out of 15)	Annual	7	14	2		
Goal 03: Reduce smoking rates	PHOF188	Smoking Prevalence in adults (18+) - current smokers (APS) (2020 definition)	Annual	11.70%	9.20%	8.70%	Up is Bad	▼ Green
		Benchmark - National Data	Annual	13.80%	13.00%	12.70%		
		Benchmark - Regional Data	Annual	14.70%	14.10%	13.10%		
		Regional Rank (Rank out of 15)	Annual	3	1	1		
	PHOF187	Smoking prevalence among adults aged 18-64 in routine and manual occupations (APS) (2020 definition)	Annual	22.30%	20.90%	15.20%	Up is Bad	▼ Green
		Benchmark - National Data	Annual	24.50%	23.60%	22.50%		
		Benchmark - Regional Data	Annual	25.50%	24.20%	21.70%		
		Regional Rank (Rank out of 15)	Annual	5	4	1		
	PHOF10	% of women who smoke at the time of delivery - (CYC)	Annual	10.30%	8.00%	8.10%	Up is Bad	◀▶ Neutral
		Benchmark - National Data	Annual	9.60%	9.10%	8.80%		
		Benchmark - Regional Data	Annual	13.10%	12.00%	11.60%		
		Regional Rank (Rank out of 15)	Annual	3	1	1		
	PHOF195	Smoking prevalence in adults with a long term mental health condition (18+) - current smokers (GPPS)	Annual	26.30%	23.10%	20.90%	Up is Bad	▼ Green
Benchmark - National Data		Annual	26.30%	25.20%	25.10%			
Benchmark - Regional Data		Annual	27.50%	27.50%	25.40%			
Regional Rank (Rank out of 15)		Annual	4	4	3			



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Goal 04: Reduce proportion of residents drinking over 14 units of alcohol a week	LAPE12	Admitted to hospital with alcohol-related conditions (Broad): Males, all ages (per 100,000 population) - (New methodology)	Annual	2,455	2,913	-	Up is Bad	◀▶ Neutral
		Benchmark - National Data	Annual	2,290	2,682	-		
		Benchmark - Regional Data	Annual	2,292	2,678	-		
		Regional Rank (Rank out of 15)	Annual	9	10	-		
	LAPE13	Admitted to hospital with alcohol-related conditions (Broad): Females, all ages (per 100,000 population) - (New methodology)	Annual	943	1,075	-	Up is Bad	◀▶ Neutral
		Benchmark - National Data	Annual	805	906	-		
		Benchmark - Regional Data	Annual	831	955	-		
		Regional Rank (Rank out of 15)	Annual	11	12	-		
	PHOF191	Percentage of adults drinking over 14 units of alcohol a week - (4 year Aggregated)	Annual	21.40% (2018/19)	21.40% (2018/19)	21.40% (2018/19)	Up is Bad	◀▶ Neutral
		Benchmark - National Data	Annual	22.80% (2018/19)	22.80% (2018/19)	22.80% (2018/19)		
		Benchmark - Regional Data	Annual	21.20% (2018/19)	21.20% (2018/19)	21.20% (2018/19)		
		Regional Rank (Rank out of 15)	Annual	9 (2018/19)	9 (2018/19)	9 (2018/19)		
	Goal 05: Reduce unhealthy weight	NCMP03	% of reception year children recorded as being overweight (incl. obese) (single year)	Annual	NC	22.70%	19.90%	Up is Bad
Benchmark - National Data			Annual	27.70%	22.25%	21.31%		
Benchmark - Regional Data			Annual	29.50%	23.73%	22.50%		
Regional Rank (Rank out of 15)			Annual	NC	3	2		
NCMP04		% of children in Year 6 recorded as being overweight (incl. obese) (single year)	Annual	NC	31.54%	32.50%	Up is Bad	◀▶ Neutral
		Benchmark - National Data	Annual	40.90%	37.76%	36.57%		
		Benchmark - Regional Data	Annual	42.20%	39.19%	38.10%		
		Regional Rank (Rank out of 15)	Annual	NC	1	1		
NCMP10		Absolute gap in % of Year 6 recorded obesity between highest and lowest York ward (3 year aggregated)	Annual	NC	19.70%	19.29%	Up is Bad	◀▶ Neutral
PHOF44a		% of adults (aged 18+) classified as overweight or obese (New definition)	Annual	63.60%	59.50%	-	Up is Bad	◀▶ Neutral
		Benchmark - National Data	Annual	63.30%	63.80%	-		
		Benchmark - Regional Data	Annual	66.30%	66.50%	-		
		Regional Rank (Rank out of 15)	Annual	4	1	-		
Goal 06	PHOF40	Gap in employment rate for mental health clients and the overall employment rate	Annual	56.60%	-	-	Up is Bad	◀▶ Neutral
		Benchmark - National Data	Annual	66.10%	-	-		
		Benchmark - Regional Data	Annual	62.80%	-	-		
		Regional Rank (Rank out of 15)	Annual	3	-	-		
	PHOF40a	Gap in employment rate for mental health clients and the overall employment rate (new definition 21/22 onwards)	Annual	-	64.80%	-	Up is Bad	◀▶ Neutral
		Benchmark - National Data	Annual	-	69.40%	-		



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Reduce health inequalities		Benchmark - Regional Data	Annual	-	66.50%	-			
		Regional Rank (Rank out of 15)	Annual	-	5	-			
	PHOF41	Gap in employment rate for those with learning disabilities and the overall employment rate	Annual	68.90%	74.30%	-	Up is Bad	◀▶ Neutral	
		Benchmark - National Data	Annual	70.00%	70.60%	-			
		Benchmark - Regional Data	Annual	67.80%	69.40%	-			
		Regional Rank (Rank out of 15)	Annual	7	15	-			
	PHOF75a	Excess under 75 mortality rate in adults with serious mental illness (New definition from Aug 2021)	Annual	425.3	-	-	Up is Bad	▲ Red	
		Benchmark - National Data	Annual	389.9	-	-			
		Benchmark - Regional Data	Annual	344.2	-	-			
		Regional Rank (Rank out of 15)	Annual	14	-	-			
Goal 07: Reduce the rates of suicide and self-harm	PHOF107	Suicide rate - Female (per 100,000 population)	Annual	5.43	6.25	6.38	Up is Bad	▲ Red	
		Benchmark - National Data	Annual	4.94	5.11	5.18			
		Benchmark - Regional Data	Annual	6.07	6.51	6.14			
		Regional Rank (Rank out of 15)	Annual	4	9	8			
	PHOF108	Suicide rate - Male (per 100,000 population)	Annual	21.7	20.86	19.65	Up is Bad	▼ Green	
		Benchmark - National Data	Annual	16.03	16.03	15.83			
		Benchmark - Regional Data	Annual	19.33	18.96	18.27			
		Regional Rank (Rank out of 15)	Annual	12	11	11			
	PHE02	Hospital stays for self harm, per 100,000 population	Annual	172.4	155.1	-	Up is Bad	◀▶ Neutral	
		Benchmark - National Data	Annual	181.2	163.7	-			
		Benchmark - Regional Data	Annual	172.7	146.6	-			
		Regional Rank (Rank out of 15)	Annual	7	9	-			
Goal 08: Improve diagnosis gaps in dementia, diabetes and high risk and detect cancer at an earlier stage	PHE11	Estimated dementia diagnosis rate (%) for people aged 65+ as recorded on practice disease registers	Annual	57.20%	53.20%	55.10%	Up is Good	◀▶ Neutral	
		Benchmark - National Data	Annual	67.40%	61.60%	62.00%			
		Benchmark - Regional Data	Annual	70.20%	63.20%	63.10%			
		Regional Rank (Rank out of 15)	Annual	15	14	14			
	PHOF192c	Calculated Diabetes Diagnosis Rate	Annual	77.20%	80.20%	82.70%	Up is Good	▲ Green	
		Benchmark - National Data	Annual	85.50%	88.70%	92.40%			
		Benchmark - Regional Data	Annual	87.80%	90.80%	85.80%			
	PHOF193c	Calculated Hypertension Diagnosis Rate	Annual	65.90%	67.50%	71.40%	Up is Good	▲ Green	
		Benchmark - National Data	Annual	71.80%	73.00%	76.40%			
		Benchmark - Regional Data	Annual	72.30%	73.60%	68.20%			
			Percentage of cancers diagnosed at stages 1 and 2	Annual	49.51%	52.60%	(Due Feb 2025)	Up is Good	◀▶ Neutral



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blood pressure	PHOF194	Benchmark - National Data	Annual	52.35%	54.42%	(Due Feb 2025)		
		Benchmark - Regional Data	Annual	50.69%	52.64%	(Due Feb 2025)		
		Regional Rank (Rank out of 15)	Annual	12	8	(Due Feb 2025)		
Goal 09: Reduce the proportion of adults who are physically inactive from 1 in 5 to 1 in 7	HLTH55	Access to Healthy Assets & Hazards Index (Persons, All ages) - % of the population who live in LSOAs which score in the poorest performing 20% on the AHAH index	Annual	NC	NC	3.20%	Up is Bad	◀▶ Neutral
		Benchmark - National Data	Annual	NC	NC	22.60%		
		Benchmark - Regional Data	Annual	NC	NC	19.90%		
		Regional Rank (Rank out of 15)	Annual	NC	NC	1		
	PHOF02a	% of adults (aged 19+) that are physically inactive (<30 moderate intensity equivalent minutes per week)	Annual	21.21%	15.40%	-	Up is Bad	◀▶ Neutral
		Benchmark - National Data	Annual	23.38%	22.30%	-		
		Benchmark - Regional Data	Annual	24.24%	23.60%	-		
		Regional Rank (Rank out of 15)	Annual	3	1	-		
	PHYS08	% of children in school years 1-11 that are active for 60+ minutes everyday	Annual	41.81%	NC	NC	Up is Good	◀▶ Neutral
		Benchmark - National Data	Annual	44.63%	47.20%	47.00%	Neutral	◀▶ Neutral
		Benchmark - Regional Data	Annual	46.40%	45.70%	47.50%		
		Regional Rank (Rank out of 15)	Annual	7	NC	NC		
	PHYS12	Proportion of adults who do any walking or cycling for any purpose at least three times per week.	Annual	58.90%	55.00%	59.40%	Up is Good	◀▶ Neutral
		Benchmark - National Data	Annual	46.00%	45.60%	45.80%		
		Benchmark - Regional Data	Annual	44.60%	43.00%	43.00%		
Goal 10: Reduce the proportion of adults who report feeling lonely	ASCOF11	Proportion of people who use services who reported that they had as much social contact as they would like	Annual	35.40%	39.70%	41.30%	Up is Good	▲ Green
		Benchmark - National Data	Annual	34.40%	40.60%	44.40%		
		Benchmark - Regional Data	Annual	NC	40.20%	46.30%		
		Regional Rank (Rank out of 15)	Annual	NC	11	13		
	PHOF112	Loneliness: Percentage of adults who feel lonely often / always or some of the time	Annual	NC	NC	NC	Up is Bad	◀▶ Neutral
		Benchmark - National Data	Annual	NC	NC	NC		
		Benchmark - Regional Data	Annual	NC	NC	NC		
		Regional Rank (Rank out of 15)	Annual	NC	NC	NC		
	PHOF99	% of adult social care users who have as much social contact as they would like (65+ yrs)	Annual	NC	39.20%	37.40%	Up is Good	▼ Red
		Benchmark - National Data	Annual	NC	37.30%	41.50%		
		Benchmark - Regional Data	Annual	NC	36.80%	44.10%		
		Regional Rank (Rank out of 15)	Annual	NC	6	12		